



7500 Greenway Center Drive #940, Greenbelt MD 20770

Phone: 301-718-1082 Fax: 301-718-1084

Discharge Instructions

Following your procedure, you should

- Resume regular medications
- Take medication as instructed
- Keep dressing clean and dry
- You may remove dressing and shower the following day
- Avoid any activities that would aggravate your condition
- Rest today, resume regular activities as tolerated tomorrow
- Do not drive, operate machinery, transact legal business, care for a dependent person along, take public transportation
- No heavy lifting
- Contact your doctor immediately if you experience severe pain, chills, fever, excessive bleeding or excessive nausea, cold, numb, blue or tingling of operative extremities.